



11th International Symposium on **GAIT & BALANCE IN MULTIPLE SCLEROSIS**

Skipping the Middle – A focus on mild and severe mobility disability

VIRTUAL CONFERENCE AGENDA – SEPTEMBER 18TH, 2021

MORNING SESSIONS

All times Mountain Standard Time (Denver)

- 8:00 a.m. **Introduction and Welcome**
Brett Fling, PhD
Colorado State University – Fort Collins, CO, USA
- 8:15 a.m. **Keynote Lecture**
Comprehensive MS care to manage gait and balance across the disability spectrum
Susan Coote, PhD
University of Limerick – Limerick, Sreelane, Ireland
- 8:55 a.m. Medical management of gait and balance deficits across the disability spectrum for people with MS
Francois Bethoux, MD
Cleveland Clinic MS Center – Cleveland, OH, USA
- 9:30 a.m. **BREAK**
- 9:45 a.m. Panel Discussion with Dr. Coote and Dr. Bethoux
MODERATOR – Michelle Cameron, MD, PT, MCR
Oregon Health & Science University; VA Portland Health Care System – Portland, OR, USA
- 10:15 a.m. **Trainee Abstract Award Winner**
Balance Impairments in People with Multiple Sclerosis with Minimal Neurological Disability
Georgia Andreopoulou
Queen Margaret University, Edinburgh, UK
- 10:30 a.m. Developing new methods to detect subtle neuromotor deficits in people with early MS: Because you can't treat what you can't measure
Michelle Ploughman PT, PhD
Memorial University – St. John's NL, Canada
- 11:00 a.m. Early interventions for MS, exercise as prevention/medicine
Ulrik Dalgas, PhD
Department of Public Health at Aarhus University – Aarhus C, Denmark
- 11:30 a.m. **Lunch and Virtual Poster & Networking Session #1**



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AFTERNOON SESSIONS

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- 12:30 p.m.** ***Trainee Abstract Award Winner***
The Safety of Acute Exercise for Nonambulatory People with Multiple Sclerosis
Thomas Edwards
University of Ottawa, ON, CA
- 12:45 p.m.** **Characterizing mobility limitations in more advanced disability**
Jake Sosnoff, PhD
University of Illinois – Champaign, IL, USA
- 1:15 p.m.** **Intervention for more advanced disability**
Debbie Backus, PT, PhD, FACRM
Shepard Center – Atlanta, GA, USA
- 1:45 p.m.** **BREAK**
- 2:00 p.m.** **Early Disability Case study**
Cinda Hugos, MS, PT
Oregon Health & Science University – Portland, OR, USA
- 2:15 p.m.** **Advanced Disability Case Study**
Herb Karpatkin, PT, DSc, NCS, MSCS
Hunter College School of Physical Therapy – New York, NY, USA
- 2:30 p.m.** **Panel Discussion with Dr's. Ploughman, Dalgas, Sosnoff, and Backus incorporating early and advanced deficits and interventions.**
MODERATOR – *Nora Fritz, PhD, PT, DPT, NCS*
Wayne State University – Detroit, MI, USA
- 3:15 p.m.** **Wrap Up**
Mark Mañago, PT, DPT, PhD, NCS
University of Colorado – Denver, CO, USA
- 3:30 p.m.** **Virtual Poster & Networking Session #2**

Steering Committee Members: Dr. Brett Fling (*Chair*), Dr. Mark Mañago, Dr. Gail Widener, Dr. Kathy Zackowski