



13th International Symposium on Gait and Balance in MS
Virtual Interactive Journal Club and Data Blitz
April 20, 2024, 9am-11am MST (4-6pm GMT)

Join us on Zoom: <https://ucdenver.zoom.us/j/96678714691>

9:00-9:05 a.m. Welcome and Introduction

Mark Mañago, PT, PhD, University of Colorado Anschutz Medical Campus, Aurora, CO, USA

9:05-9:25 a.m. Lessons Learned from the COGEx Trial

Anthony Feinstein, PhD, Sunnybrook Health Sciences Centre, Toronto, ON, Canada

Amber Salter, PhD, University of Texas Southwestern Medical Center, Dallas, TX, USA

9:25-9:55 a.m. Moderated Discussion and Q&A with Drs. Feinstein and Salter

Kathy Zackowski, PhD, OTR, National MS Society, New York, NY, USA

Gary Cutter, PhD, University of Alabama Birmingham, Birmingham, AL, USA

9:55-10:00 a.m. Break

10:00-10:05 a.m. Abstract Data Blitz Introduction

Nora Fritz, PT, PhD, Wayne State University, Detroit, MI, USA

10:05-10:20 a.m. Group 1 Abstract Presentations and Q&A: Trainee Award Winners

Gianluca Florio, University of Hasselt, Belgium

Overground walking improvements in a person with secondary progressive multiple sclerosis after Alter-G antigravity treadmill training

Michael VanNostrand, PhD, Wayne State University, Detroit, MI, USA

Examination of proprioceptive reliance during backward walking in individuals with multiple sclerosis

10:20-10:35 a.m. Group 2 Abstract Presentations and Q&A

Ludovico Pedullà, PhD, Italian Multiple Sclerosis Foundation, Genoa, Italy

Rehabilitation including walking aid training with real-time feedback can induce motor and neural changes in people with multiple sclerosis

Elisa Gervasoni, PhD, IRCCS Fondazione Don Carlo Gnocchi, Milan, Italy

Neural cortical activation during upright posture in people with Multiple Sclerosis: a cross-sectional fNIRS study

10:35-10:55 a.m. Group 3 Abstract Presentations and Q&A

Ilana Winawer, University of California San Francisco, San Francisco, CA, USA

Low Referral Rates for Pelvic Floor Physical Therapy in MS Patients with Bladder Dysfunction: An Opportunity to Close the Gap

Jip Aarts, Leiden University, The Netherlands

Combining Exercise and Cognitive Training to Postpone Cognitive Decline in People with Multiple Sclerosis: Part of the Don't be late! Study Protocol

Tobia Zanotto, PhD, University of Kansas Medical Center, Kansas City, KS, USA

Multimodal Exercise Training to Reduce Frailty in People with Multiple Sclerosis: Study Protocol for a Pilot Randomized Controlled Trial

10:55-11:00 a.m. Wrap-up

All times US Mountain Standard time